

SE™ Professional Training

Excellence in Trauma Resolution

New training starts: **St. Paul, MN—April 24-27, 2015**

Join the Leading Edge in Trauma Resolution

Somatic Experiencing® (SE™), developed by Peter A. Levine, PhD, author of the bestseller, “Waking the Tiger: Healing Trauma,” is a potent psychobiological approach to resolving the symptoms of trauma and chronic stress. Whether you are a **medical or mental health professional, addictions counselor, first responder, body worker, educator, alternative medicine practitioner, or other helping professional**, the SE™ Professional Training is a continuing education program that will help you make an even greater difference with your clients who suffer.

SE offers a framework to assess where your client is “stuck” in the fight, flight, freeze, or collapse responses and provides clinical tools to resolve these fixated physiological states that underlie so many trauma symptoms. Our educational model is both theoretical and highly experiential, offering you effective skills for restoring nervous system regulation and resolving trauma that can be immediately integrated into your professional practice.

How SE May Benefit Your Practice

- Join the leading edge in trauma resolution. SE is becoming recognized as a premier method for resolving trauma symptoms. Our graduates are increasingly sought out for referrals based on their SE training.
- Learn practical and effective skills that help resolve trauma without re-traumatization. These gentle, powerful interventions will inspire and empower your clients, restoring resilience and providing them with a greater capacity to enjoy life.
- Have an extraordinary life experience. Many students find the SE training professionally and personally transformative. Join our joyful and compassionate healing community, and experience meaningful growth for yourself and those you serve.

Continuing Education Credits Offered

APA, BBS (CA), BRN (CA), NAADAC, NASW, NBCC, NCBTMB, NCCAOM



Faculty

Abi Blakeslee, SEP, CMT, MFT, PhD

Dr. Abi Blakeslee is a licensed marriage and family therapist and holds a PhD in clinical and somatic psychology. She has conducted original research on the role of implicit memory in healing trauma. Abi focuses on giving students theoretical and practical experience on how to integrate Somatic Experiencing® into various frameworks, such as traditional cognitive based psychology, medical occupations, psychodynamic psychotherapy, the psychobiological principles of attachment, touch and movement based therapies, and mindfulness practices.

Somatic Experiencing®
TRAUMA INSTITUTE



Register now at traumahealing.com. Limited space available.